Adolescent Medical Intake Recommendations

Due to the health risks associated with eating disorders, we recommend that patients under our care are working closely with their physician and have recent lab work to assess for potential medical complications.

- If you have recently (within the last month) done the following bloodwork for your patient, we request that you fax us those results.
- If labs have not been done recently, we ask that if possible you could order the following and fax us the results.

**Strongly recommended:**
- Complete Blood Count
- Non-Fasting Lipid Panel
- Complete Metabolic Profile (liver & kidney function, electrolytes, total protein, & albumin)
- Phosphorous & Magnesium
- Pediatric Growth Charts

**Optional:**
- EKG
- Prealbumin
- TSH
- Amylase

We appreciate your collaboration. Please do not hesitate to call with any questions or concerns.

Fax number (636) 532-9951